

PRIMARY CARE APPROACH TO TREATING THE INJURED ATHLETE

*Presented by University of Maryland St. Joseph Medical Center
and Towson Sports Medicine*



**FRIDAY MAY 3, 2019
8 A.M. - 4:30 P.M.**

**THE CONFERENCE CENTER AT SHEPPARD PRATT
6501 N. CHARLES STREET, BALTIMORE, MD 21204**

This one-day course is for primary care physicians, physician assistants, certified athletic trainers, physical therapists, and other allied health professionals who are interested in improving their sports medicine knowledge. Educational credit will be available for this event.

KEYNOTE SPEAKERS

TOPICS

Francis O'Connor, MD
Sports Medicine Physician, Fairfax, VA

The Prevention of Exertional Heat Illness: A Military Perspective

Matthew Bordeau, DPT
FX Physical Therapy

Blood Flow Restriction Therapy

Sarah Hobart, MD
Orthopaedic Surgeon, Towson Orthopaedic Associates

Utilizing Functional Movement Assessments to Assess Injury Risk and Pave the Road to Prevention

Greg Ellis, DPT
Towson Sports Medicine

Tiffany Tsay, MD
Sports Medicine Physician,
Towson Orthopaedic Associates

Musculoskeletal Ultrasound of the Foot and Ankle

Jessica Nance, MD
Assistant Professor of Neurology, Johns Hopkins Hospital

Gait Abnormalities in Pediatrics: Orthopaedic or Neurologic?

Claire Shannon, MD
Pediatric Orthopaedic Surgeon, Johns Hopkins Hospital

Ankit Shah, MD
Cardiologist, MedStar Health

The Exercise Prescription & Recommendations for Exercise Testing

Visit <https://primarycare2019.eventbrite.com> for full course schedule and registration information.

